

MATRIX-RHYTHM-THERAPY IN OSTEOPATHIC THOUGHT

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Abstract

In the field of osteopathy cranial and vasomotor rhythms are well known. Also the meaning of their changes until a total stop have been described for decades.

Coming from the practical treatment and experience side, osteopathy uses till now empirically found body-vibrations for diagnostics as well as therapy.

Biophysics of today shows clearly how biological structures are the result of physico-chemical processes that are driven by body intrinsic and / or body external rhythms, and the whole span of life in the sense of bio-informative fields.

Following this dynamic approach at the beginning of the 90^s, researchers in the department of traumatology at the University of Erlangen-Nuremberg developed the Matrix-Rhythm-Therapy, a “deep working rhythmic Micro-Extension-Technique” that is for the first time presented to osteopaths.

The researchers from Erlangen started to find out how far time patterns are disturbed in diseases and how far they can be systematically and continuously restored and brought back to a synchronous cooperation up to the macroscopic level again by using the actual ideas and findings of cellular biophysics.

The therapy orients itself at the so far neglected time-structure (time-pattern) of the organism and can be synergistically used in present day modern Osteopathy